

Age-appropriate chores & skills

Age 2 and 3

- Pick up toys with your help
- Take their dirty laundry to the laundry basket
- Help set the table with forks and spoons
- Clean up their spills with your help
- Take their dirty nappies to the bin
- Put away plastic dishes, spoons and forks from the dishwasher

Age 4 and 5

- Choose their outfit with your supervision and get dressed with minimal help
- Make their bed
- Bring their things from the car to the house
- Pick up their toys before beginning a new activity
- Set the table with supervision
- Mix ingredients in a bowl to help parent prepare food
- Help a parent carry in the lighter groceries
- Match socks after clothing is washed
- Begin learning etiquette and manners

Age 6 and 7

- Take care of personal hygiene with supervision included teeth, hair.
- Make their bed every day
- Choose their outfit and get dressed independently
- Write thank-you notes with supervision

Age 6 and 7 (continued)

- Be responsible for a pet's food, water and exercise
- Vacuum or mop individual rooms
- Fold laundry with supervision
- Put their laundry in their drawers and closets
- Put away dishes from the dishwasher
- Help parent prepare food with supervision
- Empty indoor trash cans
- Keep on learning etiquette and manners
- Contribute with pocket-money to family gifts

Age 8 to 11

- Take care of personal hygiene
- Keep bedroom clean
- Be responsible for homework
- Be responsible for belongings
- Write thank-you notes
- Wake up using an alarm clock
- Wash the family car with supervision
- Prepare a few easy meals on their own
- Clean the bathroom with supervision
- Learn to use the washer/dryer
- Take the trash can to the curb for pick up
- Use etiquette and manners inside and outside of the house
- Contribute with pocket-money to family gifts

Age-appropriate chores & skills

Age 12 and 13

- Take care of personal hygiene, belongings and homework
- Write invitations and thank-you notes
- Set their alarm clock
- Maintain personal items, such as recharging batteries
- Change bed sheets
- Keep their rooms tidy and do a biannual deep clean
- Change light bulbs
- Change the vacuum bag
- Dust, vacuum, clean bathrooms and do dishes
- Clean mirrors
- Mow the lawn with supervision
- Prepare an occasional family meal
- Do assigned housework without prompting
- Contribute with pocket-money to family gifts
- Begin volunteer work with a parent outside of the house

Ages 14 and 15

- Responsible for all personal chores for age 12 and 13
- Responsible for library card and books
- Do yard work as needed
- Babysit

Ages 14 and 15 (continued)

- Prepare food occasionally — from making a grocery list and buying the items (with supervision) to serving a meal —
- Wash windows with supervision
- Do heavier yard work

Age 16 to 18

- Responsible for all personal chores for age 14 and 15
- Responsible for purchasing their own clothes
- Responsible for maintaining any car they drive (e.g., gas, oil changes, tire pressure, etc.)
- Do housework as needed
- Do yard work as needed
- Prepare family meals — from grocery list to serving it — as needed
- Deep-clean household appliances, such as defrosting the freezer, as needed